

The St Gabriel

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Duncan St. Gabriel Stops Swimming!

Duncan Saint Gabriel has taken a doctor recommended hiatus from professional swimming after falling into the 1st percental for weight. "Guys like Michael Phelps can consume 15,000 calories a day but my schedule of napping and playing does not allow for that much eating." Duncan is on a special dairy-free, high calorie diet and has moved into the 10th percentile for weight since cutting back on his aquatic routine.



He will return to swimming when he is in the 50th percentile and the kiddie pool thaws out.

Tips for surviving the winter when living in the Last Frontier

- 1) Put your snow tires on the car.
- 2) Shovel often so the snow does not turn to ice.
- 3) Keep chicken feed in the trunk of the car, it will weigh down the rear and can be spread on the ground for grip in the event the car becomes stuck.
- 4) Wear spikes or coils on your boots.
- 5) Don't forget to wear the wonky scarf your wife made you.
- 6) Don't forget to put winter coats on your children.
- 7) Clear the balconies of snow so they do not collapse under the weight.
- 8) Enjoy snow cones made of freshly fallen snow and vanilla syrup.
- 9) Dress the children in bright colors so you do not lose them in the snow.
- 10) Fly to Florida for January and February.

Mini-Equestrians Thrive



Adelie Saint Gabriel is running a successful horse farm. Even in today's economy her farm is thriving, at last count she had over 25 equines. They are an unusual breed who do not seem to grow to full size. She affectionately calls them "My Little Ponies."

"I love my horses," Ms. Saint Gabriel told us, "I hope to keep them for many years, but we have to watch out, there are bears all over this country-side."

The Food Corner



Scandal at Thursday Night Prayer Shawl

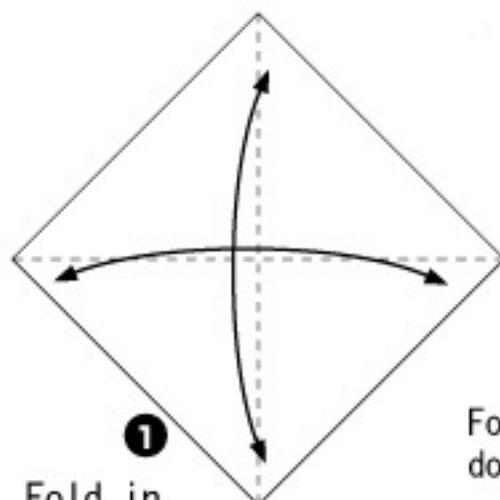
Clare Saint Gabriel hid her face from cameras when the prayer shawl scandal came to light. After acquiring a knitting machine Clare whipped out several shawls and donated them to the group claiming she 'made them.' A representative of the ministry group said "We're taught to forgive. We'll allow Clare to continue to knit - and even use the knitting maching with us. If you know anyone else interested in knitting or crochet please refer them to us!"



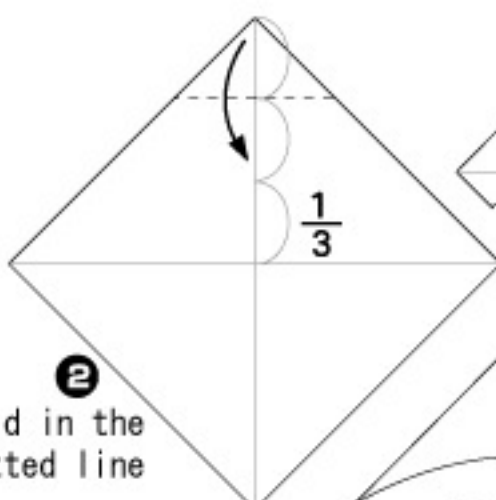
An investigation is being launched to determine if Mrs. Saint Gabriel staged this scandal in an effort to get exposure for her non-denominational knitting group (who meet Thursdays at 6PM in St. Ann's Parish Hall).

Don't bother making room in the fridge for your turkeys this year. Your holiday meal can defrost outside in the snow. First mix a pound of salt and a pound of brown sugar with hot water in a 5 gallon bucket. Stir until fully dissolved. Let the water cool, add ice, add the bird. Cover with lid and add some weight so the eagles or ravens cannot steal your main course. Soak the turkey for 8-12 hours, rinse and roast or fry as you normally would. If you do not have snow in which to defrost your turkey, just continue adding ice to the water to keep it cool enough until the brine is complete.

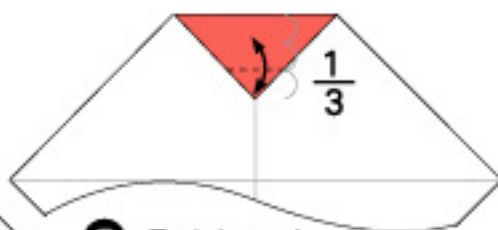
"People don't want to hear the truth, it's Christmas" - Bree Van De Kamp



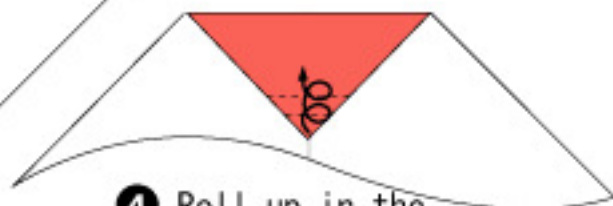
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Fold in the dotted lines and unfold



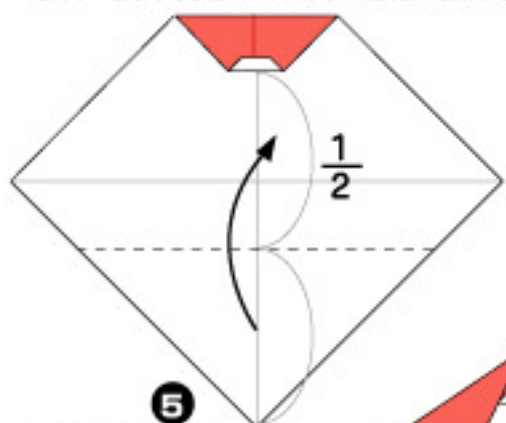
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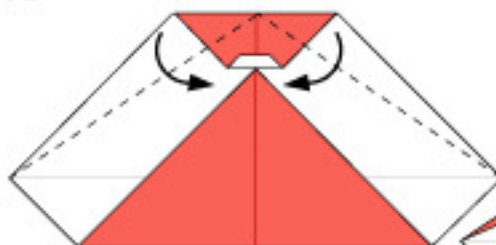
3 Fold and unfold



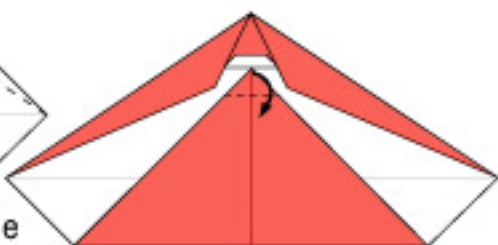
4 Roll up in the dotted lines



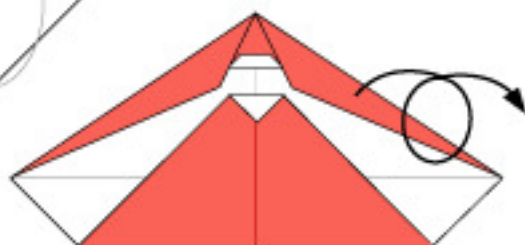
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Fold in the dotted line



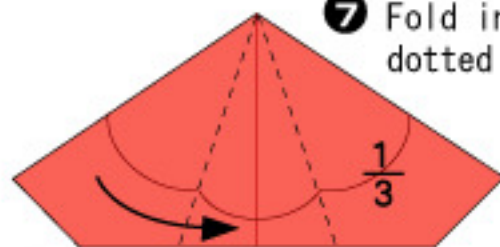
6 Fold in the dotted line



7 Fold in the dotted line

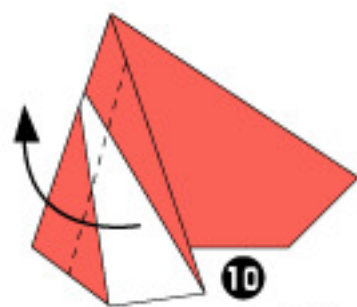


8 Turn over



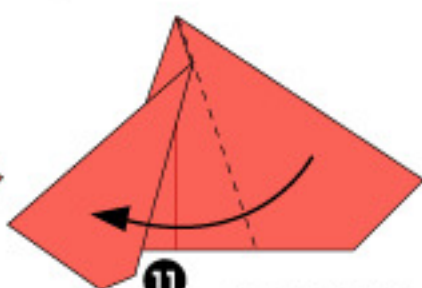
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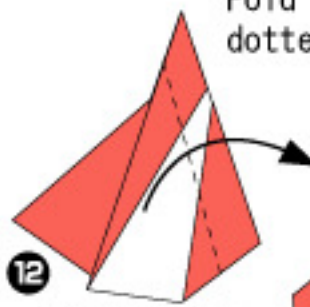
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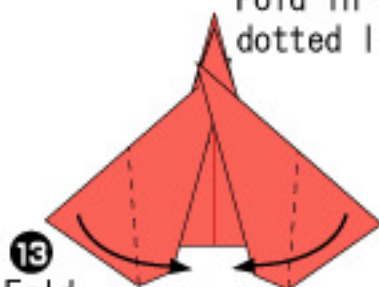
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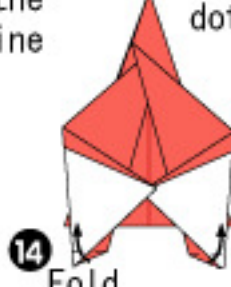
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Fold in the dotted line



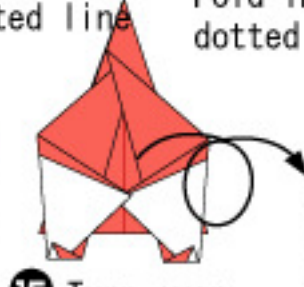
13

Fold



14

Fold



15

Turn over

Draw a face and finished

16



Santa